

# Chiropractic & Children: A Natural Approach to Ear Infections and Other Childhood Problems

Otitis Media or Ear Infections is a primary concern for many children. Disgruntled parents often report that Pediatricians are too quick to prescribe antibiotics and/or to perform surgery. There are many causes of ear infections, these include allergies, teething, fever, and viral infection. In the majority of these cases antibiotics are not indicated. In fact the government recommends that antibiotics not be the first line of treatment because of drug resistant diseases and higher rate of recurrence.



Chiropractic helps children overcome ear infections.

During the birth process the head pushing through the birth canal, and pulling and twisting the baby's head can cause serious spinal trauma that can create spinal subluxation. A subluxation in simple terms is a misaligned vertebrae that can cause nervous system interference, thus leading to decreased immune function, lymphatic drainage and other so called "childhood problems."

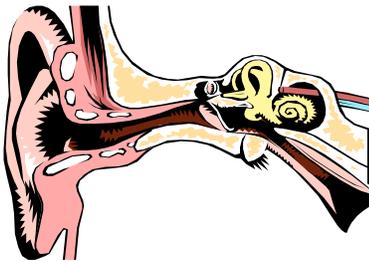
A study by Gutman in 1987 (Manual Med.) showed that in 1250 babies examined five days after birth, 95% showed spinal abnormalities. The authors stated that an unhealthy spine "causes many clinical features from central motor impairment to lower resistance to infections - especially ear, nose and throat infections." The authors, who were M.D.'s, assert that all children should have their spines checked by chiropractors.

Chiropractors do not check and adjust a child the same as adults. This common misconception often makes people hesitant to see a chiro-

practor. The fact is that chiropractors have many different ways to adjust the spine. These methods are gentle, safe and are well explained before any treatment is given.

Chiropractic is not a treatment for ear infections. The chiropractor searches for and removes the subluxations that can be causing the nervous system interference, thus restoring the body's ability to heal itself. Subluxations can interfere with the functioning of the eustachian tube, which leads to fluid buildup in the middle ear. A chiropractic adjustment stretches the soft tissue around the ear canal, ultimately allowing fluid to drain and thereby reducing the buildup of bacteria and risk of infection.

A study published in the Journal of Clinical Chiropractic Pediatrics (Oct.97) looked at 400 children ranging from infants to adolescents with a history of chronic ear infections. After receiving regular chiropractic adjustments, within a 6 month follow up including maintenance visits, close to 80% didn't have another ear infection.



Stretching the soft tissue around the ear allows the fluid to drain

Chiropractors are trained to deal with many health problems. In an age where papers are loaded each day with the increasing ineffectiveness of drugs, it's nice to know that there is a natural, safe, drug-free and scientifically proven alternative for better health.

Have Your Children Checked For Subluxations Today. It may be the best health move you will ever make!

Give us a call, we can help!  
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